



GOVERNOR'S ADVISORY COUNCIL ON AGING

SOCIAL, HEALTH & ALZHEIMER'S COMMITTEE (SHAC)

MEETING MINUTES

September 13, 2012

2:30 – 4:30 pm

Arizona State Capitol Executive Tower

Second Floor Conference Room

1700 West Washington Street

Phoenix, Arizona 85007

Council Members, Liaisons & Participants Present

Becky Brimhall-Lepire, Charles Brown, Teresa Lopez, Doyle Meredith, Anne Morrison, Allison Perrin, Trudy W. Schuett, Joe Woods, Karla Averill, Michelle Barth, Elton Bordenave, Mary Busch, Jennifer Cain, Phil Carll, Susan Cypert, Steve Laughary, Randy Maskell, Edward Perrin, RaNee Tuscano, Johannah Uriri-Glover, and Hannele Waissi

Council Members Absent

None

Council Staff Present

Cathy De Lisa, Kim Jennings, and Berntari Crosby

Guest Present and Signing In

Welcome, Introductions, Review & Approval of Minutes

Committee Chairwoman Anne Morrison called the meeting to order at 2:34 p.m. A welcome and introduction period followed. Following a review of the July 12, 2012 SHAC draft minutes, *Joe Woods made a motion to approve as presented; Charles Brown seconded the motion; the motion passed unanimously.*

Depression and Delirium Presentation & Discussion

Dr. Edward Perrin, MD provided a presentation on depression and delirium. According to Dr. Perrin, depression is not a part of aging and is usually underdiagnosed and undertreated in the elderly. Dr. Perrin informed the members that symptoms of depression sometimes overlap with other diseases and that age can predispose a person to depression. Dr. Perrin stated the definition of delirium is an acute state of confusion, and that delirium is a very crippling and tragic disease. A copy of Dr. Perrin's presentation is available for review at the Council on Aging's Office.

Brainstorming on 2013 SHAC Priorities

Committee Chairwoman Anne Morrison invited the group to brainstorm on potential 2013 priorities by reviewing the 2012 SHAC Priorities. The following were discussed:

1. Continue updates on the Arizona Alzheimer's Task Force and look at ways to support efforts as recommendations are forthcoming from the Work Teams.
2. Continue to review oversight of in-home services by direct care workers in tandem with Attorney General's office.
3. Request update from Arizona Commission for the Deaf and the Hard of Hearing regarding hearing loss (insurance) coverage and how SHAC can support their efforts.
4. Consider how Council's committees can collaborate on joint effort (example: Elder Index and Elder Initiative).
5. Discuss Governor's Conference on Aging (2014).
6. Consider how to help educate constituents about Area Agencies, Az Links, Options Counselors and enlist other partners to contribute to this cause as part of any marketing and outreach efforts.

Updates on SHAC Initiatives

Arizona Fall Prevention Coalition

According to information received from Debby Elliott, Area Agency on Aging, Region One, a National Fall Prevention Awareness Day event has been scheduled for September 21, 2012 from 9:30 a.m. until 11:30 a.m. at St. Joseph's Hospital (Phoenix). The event will include fall risk assessments, mini balance assessments, physician questions and answers, exhibits on home modification, medication management, physical activities, as well as demonstrations and raffles. A copy of the Arizona Fall Prevention Coalition flyer is available for review through the Council on Aging office.

Oral Health Statewide Coalitions

RaNee Tuscano, reporting on Julia Wacloff's behalf, announced a Delta Dental grant and activities by the oral health coalition in Navajo and Apache counties.

National Alzheimer's Project Act (NAPA) & Arizona Alzheimer's Task Force

Phil Carll, Program and Advocacy Director for the Alzheimer's Association Desert Southwest Chapter, reported the Work Teams of the Alzheimer's Task Force have been reviewing the goals of NAPA as well as other states' plans. According to Mr. Carll, funding for the national plan has not been included by the Senate or House Appropriations. As part of efforts to advocate for NAPA and funding, a Moving Forward Town Hall meeting has been scheduled for September 21, 2012 that will discuss the national and state plans and gather public input. Mr. Carll thanked the Arizona Department of Health Services for including cognitive impairment as part of BRFSS/Behavioral Risk Factor Surveillance System ensuring Alzheimer's disease and dementia as part of the health survey system.

Arizona Caregiver Coalition and Respite

David Besst was unable to attend, but those in attendance expressed appreciation for the Arizona Caregiver Coalition's training of volunteers who are connecting caregivers with available resources through the Caregiver Resource Line.

Announcements

Phil Carll announced:

- The Arizona Republic is running a series of articles on Baby Boomers that has included an array of topics such as health and nutrition.
- The National Adult Protective Services' conference is being held in Phoenix October 17-19, 2012

Adjourn

Meeting adjourned at 4:23 p.m. by Committee Chairwoman Anne Morrison.

Next Meeting:

The next meeting of the Social, Health & Alzheimer Committee of the Governor's Advisory Council on Aging will be scheduled in January 2013; date and location to be determined and announced by public meeting notice posted at the GACA website:

www.azgovernor.gov/gaca. These meetings are open to the public.