



## GOVERNOR'S ADVISORY COUNCIL ON AGING

### AGING IN COMMUNITY COMMITTEE (AICC)

#### MEETING MINUTES

March 11, 2016

10:15 a.m. – 11:45 a.m.

Arizona Department of Health Services Building

Fifth Floor Conference Room 540

150 N. 18<sup>th</sup> Avenue

Phoenix, Arizona 85007

#### **Council Members, Liaisons and Participants Present**

Becky Brimhall-Lepire, George Evanoff, Patsy Gillis, Deborah Hankerd, Diane Joens, Doyle Meredith (Committee Chair), Lisa O'Neill, Melinda Preston, Kathy Rood, C. T. Wright, Michele Michaels and Steve Wagner

#### **Council Members Absent**

Jeff Fleetham, Trudy Schuett, Andrew Compton

#### **Council Staff Present**

Cathy De Lisa, Lizette Cordero

#### **Guests Present and Signing In**

Jack Burns - Public Affairs Specialist Arizona Social Security Administration

#### **Welcome & introductions, review & approval of 1.8.2016 draft minutes**

Committee Chair Doyle Meredith called the meeting to order at 10:16 a.m. with a welcome and introductions then called for a review of the January 8, 2016 draft meeting minutes. *Deborah Hankerd made a motion to approve the draft minutes; Melinda Preston seconded the motion. The motion passed unanimously.*

#### **Presentation & Discussion**

Jack Burns, Public Affairs Specialist for Arizona, Social Security Administration (SSA) provided a presentation that highlighted the history of SSA, the numbers of people who rely on social security benefits, how to use the retirement estimator and online retirement planner, and how to apply online for retirement benefits. Mr. Burns also discussed benefit computations and the benefits of creating a Social Security account at [www.socialsecurity.gov](http://www.socialsecurity.gov). Groups wishing to arrange for this type of presentation can obtain Mr. Burns' contact information through the Governor's Advisory Council on Aging office.

#### **Full discussion of subcommittees**

*Alzheimer's Subcommittee* - AICC Chairman Doyle Meredith called on Vice Chair Lisa O'Neill and Executive Director Cathy De Lisa to provide an Alzheimer's Subcommittee update on the Virtual Dementia Tour (VDT). Executive Director De Lisa reported having been in contact with staff at the Western Arizona Council of Governments/WACOG Area Agency on Aging Region IV who are certified to offer the Second Wind Dreams Virtual Dementia Tour® (VDT). Ms. De Lisa reported that according to the Second Wind Dreams website, the VDT is an interactive program to improve communication and care and includes experiential training designed for caregiving facilities and community organizations to help identify with and understand patients' behaviors and needs. The program has been used for new employees, hospitals, colleges and universities, and other caregivers. Upon completion of VDT training, caregivers were able to identify with and better understand the behaviors and needs of those in their care. Appropriate participants include: EMS providers, police officers, firemen, local businesses, community groups and churches. In addition, Ms. De Lisa shared that WACOG staff reported being willing to provide a two-day VDT in the Phoenix area later this year.

*Transportation Subcommittee* – Deborah Hankerd reported no further action around the collection of transportation options, models and best practices by the Subcommittee. A brief discussion ensued on how best to share the information via the GACA website and hard copy distribution.

### **Formulation of AICC Subcommittee 2016 objectives**

AICC Chairman Meredith called on Vice Chair Lisa O'Neill to lead a discussion on potential AICC 2016 objectives. Vice Chair O'Neill encouraged the group to discuss and formulate objectives with concrete, measurable outcomes.

Ideas for the Alzheimer's Subcommittee included:

- Organize a 2-day Virtual Dementia Tour in partnership with WACOG. Invited guests will increase their knowledge and sensitivity to people with Alzheimer's disease and related disorders through a facilitated dementia simulation.
- Monitor and report on the City of Tempe's progress developing a Dementia-Friendly City

Ideas for the Transportation Subcommittee included:

- Create four information fact sheets (single page, double sided) on transportation models, best practices and resources by Arizona regions to be part of GACA's marketing materials for distribution.

Vice Chair Lisa O'Neill stated the Transportation Subcommittee would need to create a template for the collected information to be placed into and present it to AICC for completion of the objective.

Following a request by the AICC Chairman to share support or opposition to the proposed objectives, by general consensus, the AICC members agreed to the proposed objectives for the Alzheimer's Subcommittee and the Transportation Subcommittee as recommendations to GACA.

### **Assignments of tasks prior to next AICC meeting**

Cathy De Lisa was asked to collect more information to move forward the Alzheimer's Subcommittee objective to offer the VDT in partnership with WACOG in Phoenix.

Trudy Schuett and Deborah Hankerd will work with Lisa O'Neill to develop a draft Transportation Subcommittee template for creation of the transportation fact sheets by the subcommittee.

GACA members and AICC members will share contact information (names, email addresses) of suggested participants in the Virtual Dementia Tour with GACA staff.

Melinda Preston and Steve Wagner will enroll and complete one of the ASU online modules shared by Pauline Kommenich at the LPCC meeting in order to provide feedback to the Alzheimer's Subcommittee as a potential training source.

Steve Wagner shared that training for Phoenix firefighters is provided at host sites in Phoenix and Glendale; he will investigate as a potential host for the Virtual Dementia Tour, if needed.

**Report out & discussion on AICC-related research, conferences, workshops, seminars, training opportunities, best practices, etc.**

Diane Joens reported her participation in the Step-On-It activity program in Cottonwood that has a goal of walking to St. Louis (number of steps will equal distance).

Michele Michaels introduced Barry Forst and Ron Tallman, members of the Hearing Loss Association of America (HLAA). Mr. Forst and Mr. Tallman provided information on the Walk 4 Hearing 5K walk planned for Saturday, November 12, 2016 at Riverview Park, 2100 West 8<sup>th</sup> Street in Mesa, Arizona. According to HLAA, Arizona is the 22<sup>nd</sup> state to be selected for a walk; 1.1 million Arizonans have hearing loss.

Cathy De Lisa reported the Arizona Geriatrics Society 9<sup>th</sup> Annual Spring Geriatric Mental Health and Aging Conference is on April 15, 2016 in Tucson, Arizona. The MOLAR coalition is offering a 16-CEU training program: The Affiliated Practice Toolkit on April 15 and April 22, 2016 at 2828 North Central Avenue in Phoenix, Arizona.

Copies of the Hearing Loss Association of America November 12, 2016 Walk 4 Hearing flyer, the Arizona Geriatrics Mental Health and Aging conference flyer and the MOLAR Affiliated Practice Toolkit flyer are available through the Governor's Advisory Council on Aging.

**Adjourn**

AICC Chairman, Doyle Meredith, adjourned the meeting at 11:44 a.m.

**NEXT MEETING:** The next meeting of the Aging in Community Committee of the Governor's Advisory Council on Aging is scheduled for May 13, 2016; time and location to be announced by public meeting notice posted at the GACA website <http://govtrans.az.gov/gaca/>. These meetings are open to the public.