



GOVERNOR'S ADVISORY COUNCIL ON AGING

Meeting Minutes
March 11, 2016
1:00 p.m. to 3:00 p.m.
Arizona Department of Health Services Building
Fifth Floor Conference Room 540
150 N. 18th Avenue
Phoenix, Arizona 85007

Council Members, Liaisons, and Participants Present

Becky Brimhall-Lepire, George A. Evanoff (Secretary), Patsy Gillis, Deborah Hankerd, Diane Joens, Doyle Meredith, Melinda Preston, Lisa O'Neill (Vice Chair), C.T. Wright, Jay Dunkleberger, Kristin Fray, Olivia Guerrero, Babak Nayeri and Cindy Saverino

GACA Members Absent

Andrew Compton, Jeff Fleetham, Trudy Schuett

GACA Staff Present

Cathy De Lisa, Lizette Cordero

Guests Present

Robert Booker - Executive Director –Arizona Commission on the Arts
Alex Nelson – Director of Arts Learning - Arizona Commission on the Arts
Anne Basting – Founder and Director of TimeSlips

Call to order, welcome, review & approval of February 22, 2016 draft meeting minutes

Council Chair Becky Brimhall-Lepire called the meeting to order at 1:00 p.m. with a welcome and introductions then called for a review of the February 22, 2016 draft meeting minutes. *George Evanoff made a motion to approve the draft minutes as presented; Doyle Meredith seconded the motion. The motion passed unanimously*

Creative Aging Presentation & Discussion

Alex Nelson and Robert Booker from the Arizona Commission on the Arts, discussed and presented on the AZ Creative Aging Program, an initiative funded through the Virginia G. Piper Charitable Trust. The AZ Creative Aging Program partners with artists, administrators and education specialists to implement and initiate creativity through the arts which has proven to enhance/improve cognitive and mobility skills in older adults. The AZ Creative Aging handout was provided to the group.

Anne Basting, Director of the Center on Age and Community at the University of Wisconsin-Milwaukee (UWM) and founder of TimeSlips, presented and discussed how this evidence-based, award-winning program infuses the arts into care relationships and also aids with improvement in cognitive, and mobility issues.

A copy of the AZ Creative Aging handout and the AZ Creative Aging and TimeSlips presentation are available through the Governor's Advisory Council on Aging office.

Discussion – proposed by-law amendments

Council member, George Evanoff discussed proposed amendments to the Governor's Advisory Council on Aging (GACA) by-laws and provided a handout. According to Mr. Evanoff, proposed amendments will be reviewed and discussed at the May 2016 GACA Meeting and voting to amend will take place in the July (GACA) 2016 Meeting which follows the mandated 30-day notice.

A copy of the handout provided by Mr. Evanoff is available through the Governor's Advisory Council on Aging office.

Liaison reports

Arizona Association of Area Agencies on Aging (AZAA) – Olivia Guerrero reported:

Region One: Area Agency on Aging - (AAA)

The Senior HELP LINE receives over 39,000 calls per year. During the month of November 2015, the Senior HELP LINE conducted a client satisfaction survey. Social work interns collected and analyzed the data with the following results:

- 89 people responded (81% online, 19% through the mail)
- 40% of the callers were looking for help for themselves, while 60% of callers were calling for someone. Out of the people surveyed:
- 99% felt that the person on the line listened carefully to them
- 95% felt satisfied with how their call was handled
- 96% would recommend the Senior HELP LINE to a friend or family member.

Region Two: Pima Council on Aging - (PCOA)

- The Arizona legislature is debating the state budget right now, and all the Area Agencies on Aging are working hard to secure an additional \$2.67 million in Department of Economic Security (DES) funding for Home and Community Based Services. The Department requested this increase from the Governor last fall, but it was not included in his budget.
- The 5th annual Ages 'n Stages senior expo event was a resounding success! On February 26th there were well over 2,200 attendees at the Tucson Convention Center to browse 80 exhibitors, enjoy live entertainment and demonstrations, and gain valuable information from educational seminars, including very popular exercise and cooking demonstrations. Voter registrars were also on hand.
- March is Write-a-Will month and PCOA is hosting four free 90-minute workshops to help educate community members about how to navigate the complex world of estate planning and the importance of Leaving a Legacy.
- All 28 Public libraries in Pima County have been supplied with a PCOA Ambassador Resource Manual and are committed to keeping the manual updated.

Region Three: Northern Arizona Council of Governments (NACOG) Area Agency on Aging

- Quality Assurance is now working on a data analysis project. There are 7 stages to the process. In the first stage is looking at what data was gathered, what is done with the data, what is really needed to keep, what data is not used, and what data does not capture what is needed.
- Medicare/Benefits Counseling Program served 3 times the number of clients during Open Enrollment this year over last year. NACOG has reconfigured the program and have new staff on board and new volunteers.

Region Four: Western Arizona Council of Governments (WACOG) Area Agency on Aging -

- In February, WACOG Area Agency on Aging was notified that its application to the National Council on Aging to open a Benefits Enrollment Center (BEC) was approved, as one of twelve new centers in the nation.
- WACOG Area Agency on Aging will be one of 49 organizations across the country awarded grants to serve as Benefits Enrollment Centers. BECs are supported with funding from the Medicare Improvements for Patients and Providers Act, administered through the U.S. Administration for Community Living.
- In preparation for its on-site monitoring of contracted providers between March and June 2016, WACOG Area Agency on Aging has updated its monitoring instruments for Congregate and Home Delivered Meals. WACOG has been working with Region Four Congregate Meal providers to transition to client-supported reporting systems.
- WACOG Area Agency on Aging has become recertified with Second Wind Dreams to offer the Virtual Dementia Tour® (VDT). This guided simulation of daily life for a person with dementia is designed to build sensitivity and awareness, to better understand behaviors and needs associated with dementia. WACOG has previously conducted the VDT with law enforcement groups and at its regional conferences.

Region Five: Pinal-Gila Council for Senior Citizens (PGCSG) Area Agency on Aging

- The Senior Centers in Pinal and Gila counties have recently changed director leadership for three different sites. The Globe Active Adult Center is now managed by Tammy Guerin, the Apache Junction Active Adult Center is run by Tina Contreras; and the Dorothy Powell Senior Adult Center Director is Veronica Ramirez.
- The Advocacy, Benefits and Entitlements Department is now conducting their Medicare Core 4-6 week trainings for twelve continuing and new volunteers. This program information is very difficult, has 13 manuals, and consists of training on the specifics of Medicare Parts A, B, C, D supplemental, SHIP, etc...
- The Arizona City TRIAD Coalition mission was promoted at the Fiesta Grande and Sundance Senior Resource Expos. Medication boxes and information on medication management and safe storage/ disposal of prescription medication were distributed. (More than 500 seniors reached)PGCSC attended the Pinal County Substance
- PGCSC met with Rim Country Coalition to address options to continue their mission of preventing the misuse/abuse of prescription medications by older/isolated adults in the Payson area.
- Coordination is taking place in preparation for the annual Arizona City Health and Safety Fair on April 9th to promote the Arizona City TRIAD Coalition mission, with the support of

its community partners PGCSC, along with other AAA's, is working to advocate to the Arizona State Legislature for a \$2.67 million increase for HCBS services.

- PGCSC will be hosting the 7th Annual Caregiver Conference on Friday, May 27, 2016 and the Senior Connections Conference in Payson on Friday, June 24, 2016, with our many partners. Anyone interested in attending, please call 1-800-293-9393.

Region Six: South Eastern Arizona Governments Organization (SEAGO)

- Continues to partner with the Alzheimer's Association to provide education to caregivers throughout our region. Coming up March 30, 2016, Douglas, AZ in Cochise County will be providing its first Caregiver workshop hosted by Cochise County Health and Social Service, SEAGO/AAA and the Alzheimer's Association. This half-day event will be full of valuable information that will be given to community participants in order to help increase knowledge as well as what resources there are for caregivers who are caring for a loved one. Event is scheduled for March 30, 2016 from 1:00 to 5:00 P.M at the Douglas Government Center, 1012 N "G" Avenue in Douglas. You can register at <http://annual-education-conference-2016.eventbrite.com>
- Kelly Raach from the Alzheimer's Association will discuss the basics of Alzheimer's disease, Memory Loss and Dementia. Mr. Gilbert Bice will touch on Coping with Caregiver Guilt and Grief. Case Manager Yolanda Thomas, Elizabeth Kinder of the Alzheimer's Association and SEAGO/AAA will provide information on resources available in the community and ways to access them.
- SEAGO/AAA is also working with Case Manager Diane Leaman in Greenlee County Health Department with their first Caregiver Conference in Clifton, AZ. This event is scheduled for Friday April 15, 2016 from 10:00 A.M. to 3:00 P.M. at the visitor center-Train Depot 100 N Coronado Blvd.

A complete copy of the Arizona Association of Area Agencies on Aging Report is available at the Governor's Advisory Council on Aging office.

Division of Aging & Adult Services (DAAS) - Cindy Saverino reported:

- Tina Dannenfelser has retired and Heather Patnode is the new Adult Protective Services (APS) Bureau Chief.
- Adult Protective Services (APS) is working on their strategic plan and focusing on continuous quality improvements, working on strengthening policies and procedures and reviewing best practices.
- APS is in alignment with their scorecard measures while also developing measures.
- Senior Community Service Employment Program (SCSEP) coordinator, Darrell Reagan has developed a stand-alone State Plan specifically for SCSEP.
- Suggestion to offer Heather Patnode to present on APS at an upcoming council meeting.
- AARP article praised the reduction in APS case-loads but as a result Home & Community Based Services' (HCBS) waitlist has increased to over 2,500 individuals.

Arizona Department of Health Services (DHS) – Babak Nayeri reported:

There has been a very successful outcome with the news coverage via KTAR radio and website regarding the seriousness of falls among the elderly and it is the leading cause of both fatal and nonfatal injury in Arizona for people 65 years of age and older.

Mr. Nayeri is advocating for support and encouraging people to join the statewide falls coalition with the assistance of the Area Agencies on Aging and Public Health outreach to all areas within the state.

Arizona Department of Transportation (ADOT) – No representative in attendance.

Arizona Department of Veterans' Services (ADVS) – Kristin Fray, Admissions Coordinator, Arizona State Veterans' Home reported:

Women's Veterans Expo 2016

The ADVS is partnering with women veteran leaders and service organization to offer four events across the state. These include educational workshops, legal and financial services, networking, career resources. Salon services, breakfast, and childcare are also available at each event.

- Sat, Mar 12, 8am-3pm, Glendale - GCC , Keynote Speaker: Rear Admiral Sandy Adams
- Sat, Mar 19, 8am-3pm, Tucson, Keynote Speaker: Command Sergeant Major Billie Jo Boersma
- Sat, Apr 9, 8am-3pm, Tempe – Arizona State University Keynote Speaker: Mrs. Cynthia Reed, MIRACORP
- Sat, Apr 16, 8am-3pm, Flagstaff – North Arizona University, Keynote Speaker: Elisa Basnight, VA

Arizona State Veteran Home – Phoenix (ASVH-P)

- In January, ASVH – P veterans enjoyed Adaptive Golf classes each week, followed by a tournament.
- ASVH – P veterans received a visit from American Legion Auxiliary National Commander, Sharon Conaster.
- The Veterans Medical Leadership council donated funds for many projects, including an aviary, specially designed to help veterans/members be engaged with the birds.

Arizona State Veteran Home – Tucson (ASVH-T)

- Produce on Wheels continues to support the community by raising funds and making fresh produce available to members.
- ASVH –T veterans enjoyed an outing to the Gem and Mineral Show in Tucson

Arizona State Veteran Home – Yuma

- This continues to be a developing project with a goal of 2018

Arizona State Veteran Home – planned for Flagstaff

Veteran Cemeteries Update

- The Marana Cemetery Dedication will be held on March 26, 2016 – two weeks away!
- The Camp Navajo Dedication will remain on June 4, 2016.
- This is a busy time for both cemeteries, with hiring, training, and furnishings being delivered.
- ADVS asks that the public not visit the cemeteries until advised to do so. At this time, there are muddy roads and difficult weather conditions, and the sites are not safe.

The Arizona Department of Veteran Services now has a YouTube Channel:
<https://www.youtube.com/channel/UCE7oP1msP0p2-fvrOFKaYRw/videos>

Arizona Health Care Cost Containment System (AHCCCS) – Jay Dunkleberger reported: Behavioral health staff and AHCCCS are working through the simplification plan. Long term care programs are currently being assessed as part of the review every three years; public comment on revisions will be offered. Timeline to include Request for Proposals (RFP) in November followed by a bidder’s conference, awards in March 2017 and implementation October 1, 2017.

Arizona Indian Council on Aging (AICOA) – No representative in attendance.

Attorney General’s Office (AGO) – No representative in attendance.

GACA Chair report & discussion

Chair, Becky Brimhall-Lepire reported:

Recommendations from the Executive Committee

- Aging in Community Committee (AICC) draft objectives for the Alzheimer’s Subcommittee include: (1.) The Governor’s Advisory Council on Aging partners with the Western Arizona Council of Governments (WACOG) to offer the Virtual Dementia Tour in the greater Phoenix area later this year, and (2.) GACA will monitor and report on the City of Tempe’s progress developing a “Dementia Friendly City”.
- Draft objectives for the Transportation Subcommittee includes creating four information fact sheets on transportation models, best-practices and resources by Arizona regions to be part of GACA’s website resources and marketing materials.
- Legislative and Policy Coordinating Committee (LPCC) draft objectives included: (1.) Track state and federal legislation and provide an update on status of tracked bills; (2.) Create a supportive statement for the Silver Alert legislation expansion; appropriate dissemination pending Governor’s official response to the passed legislation; (3.) Assist in developing a bipartisan work group/caucus focused on senior issues with Senator Farley; and (4.) Track financial exploitation focus by TASA.
-

Follow up discussions – establishing protocols for GACA sponsorships

At the recommendation of Executive Director Cathy De Lisa, George Evanoff, GACA historian, was asked by the Chair of GACA to develop and present language around appropriate use of donation funding for sponsorships at the next meeting.

Overview of committee proposed objectives, discussions and consensus on work moving forward

After discussion of the objectives presented by GACA Chair Becky Brimhall-Lepire from the Executive Committee, *George Evanoff made a motion to accept the reported objectives for Council consideration. Doyle Meredith seconded the motion. The motion passed unanimously.* Vice Chair Lisa O’Neill was asked by the GACA Chair to present final draft language for all objectives at the May meetings.

Sponsorship of Virtual Dementia Tour as part of Alzheimer’s Subcommittee 2016 objective

- GACA Chair, Becky Brimhall-Lepire suggested a \$1,000 sponsorship for the Virtual Dementia Tour® (VDT) to assist WACOG with their efforts to partner with GACA and bring the VDT to the greater Phoenix area later this year.

Deborah Hankerd made a motion to sponsor with \$1,000 to WACOG for the Virtual Dementia Tour; Diane Joens second the motion. The motion passed unanimously.

Executive Director's office updates

ED Cathy De Lisa reported on:

- The transition of Aging 2020 to the State Plan on Aging in collaboration with the DES Division of Aging and Adult Services and other state agency and department staff;
- Media coverage helping build awareness around Alzheimer's disease and related disorders (GACA members received links to the KTAR radio series and *The Arizona Daily Star* print series last month);
- GACA staff developing objectives that can be tracked using the DES scorecard process in conjunction with DAAS staff;
- The Office on Aging reactivating recognition of dentists who donate their time and services to benefit vulnerable, older adults. (In partnership with the Arizona Dental Foundation, vetted dentists receive a letter from the Office and a certificate of recognition from the Governor.); and
- Recent participation in the Governor's Commission on Service and Volunteerism State Service Plan Focus Group.

Council member reporting & sharing

- Council member, Deborah Hankerd reported the Senior Center in Tombstone is having a fundraiser where two 400 pound pigs were donated and are being raffled off for \$10.00 per ticket.
- Council member, Diane Joens reported participating in the senior fitness program "Step on It" and the annual "March A Mile for Meals" fundraiser benefitting the Verde Valley Senior Center on 3/19/2016 in Cottonwood.
- Cathy De Lisa reported the Arizona Geriatrics Society 9th Annual Spring Geriatric Mental Health and Aging Conference is on April 15, 2016 in Tucson, Arizona. The MOLAR coalition is offering a 16-CEU training program: The Affiliated Practice Toolkit on April 15 and April 22, 2016 at 2828 North Central Avenue in Phoenix, Arizona.

Call to the public – No input from the public was received.

Adjourn

The meeting was adjourned by GACA Chair Becky Brimhall-Lepire at 2:24 p.m.

NEXT MEETING: of the Governor's Advisory Council on Aging is scheduled May 13, 2016; location and time of this meeting to be confirmed and announced by public meeting notice posted at the GACA website: <http://govtrans.az.gov/gaca/>. These meetings are open to the public.