



GOVERNOR'S ADVISORY COUNCIL ON AGING

SOCIAL, HEALTH & ALZHEIMER'S COMMITTEE (SHAC)

Meeting Minutes

November 4, 2010

2:30 – 4:30 p.m.

Executive Tower, Grand Canyon Room

1700 West Washington Street, Phoenix, AZ 85007

Council Members, Liaisons, and Participants Present

Charles Brown, , George Evanoff, (Council Chair), Karla Averill, David Besst, Larry Clausen, Susan Cypert, Ginger Froncek, Elizabeth Harris, Steve Laughary, Karen Richards, Jutta Ulrich, Emma Violante, Julia Wacloff, Hannele Waissi, Judy White, and Joan Zecherle

Council Members Absent

Kati Bates Dana Campbell Saylor, Joyce Finkelstein, Bernadine Hoffman, Simone Kelsh, Noreen Nickerson-Cruz, Joe Woods, Larry Woods, and Karen Zanzucchi

Council Staff Present

Cathy De Lisa, Shawn Trobia

Guests Present and Signing In

Ann Benson

Call to Order, Welcome, Introductions & Approval of Minutes

Council Chair George Evanoff called the meeting to order at 2:30 p.m. A welcome and introduction period followed. Draft minutes from the September 23, 2010 Social, Health and Alzheimer's Committee (SHAC) meeting were reviewed. *Charles Brown made a motion to approve the minutes as presented; David Besst seconded the motion. The motion passed unanimously.* Council Chair Evanoff asked those Oral Health Sub-Committee members in attendance to review the draft minutes from the September 9, 2010 Oral Health Sub-Committee. *Emma Violante made a motion to accept as written. After confirming technicality, Cathy De Lisa seconded the motion. Motion passed unanimously.*

Direct Care Workforce Presentation & Discussion

Jutta Ulrich, Direct Care Workforce Specialist from the DES/Division of Aging & Adult Services provided a presentation on the Arizona Direct Care Workforce Initiative. According to Ms. Ulrich, the Initiative is a statewide public-private partnership between the Area Agencies on Aging, professional and industry associations, providers and health systems, community colleges, consumer advocacy groups, the Department of Economic Security (DES) and the Arizona Health Care Cost Containment System (AHCCCS). To date, the accomplishments of the initiative include: standardized curriculum, competencies for direct care workers, standardized test (written and skills), professional development for trainers, website, logo and common messages, and new training requirement for Arizona Long Term Care System (ALTCS) and DES coming in 2011. The reasons for the initiative include the growing need for non-

medical in-home supports, population trends: long life-span, choices: community living/independent living, no licensure, limited training requirements, establish solid professional standards/credentials, improvement in work environment, and linkages to related occupations to build a flexible, competent workforce. Ms. Ulrich provided an in-depth explanation of the Arizona state agencies relationships to direct care workforce, the regulatory environment, training requirements and the curriculum developed that covers caregiving fundamentals, aging and physical disabilities, developmental disabilities, practical skills and requirements such as CPR, First Aid, background check and fingerprint, Article 9 training and requirements for trainers. The discussion included proposed implementation of the training and public awareness efforts. A copy of the presentation is available through the Council on Aging office.

Updates:

- Cathy De Lisa provided a brief update on the Alzheimer's Priority Plan. According to Ms. De Lisa, since the Council on Aging is responsible for monitoring the State Plan on Aging and a new undertaking has resulted from the collaboration between the Division of Aging and Adult Services with the Alzheimer's Association and the Alzheimer's Consortium to include the Alzheimer's Priorities within the State Plan on Aging, the Governor's Office on Aging is encouraging the partners to take the time needed to highly define the structure and strategies and help ensure the success of Updates will be reported to SHAC as available, according to Ms. De Lisa.
- Jutta Ulrich provided a brief update on Az Links. She stated eleven of fifteen counties are now participating and discussions are starting with southeastern Arizona and the tribes again. The Aging & Disability Resource Centers (ADRC) serve as single points of entry into the long-term supports and services system for older adults and people with disabilities and are sometimes referred to as a "one stop shops" or "no wrong door" systems. According to Ms. Ulrich, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Funding is provided through a joint collaboration between the Administration on Aging (AoA) and the Centers for Medicare and Medicaid Services (CMS), and Arizona is one of the originally-funded states and one of 49 states to receive funding for expansion of the ADRCs.
- David Besst of the DES/Division of Aging and Adult Services (DAAS) updated the group on the Division of Aging & Adult Services grants. According to Mr. Besst, DAAS currently has three grant projects involving caregiving – EPIC – Early Stage Partners in Care, CarePRO (Care Partners Reaching Out) and Lifespan Respite Care Program with two related to Alzheimer's disease and one to lifespan respite. The EPIC project, developed by Dr. David Coon and Carol Whitlach of the Benjamin Rose Institute, involves group intervention in workshops settings for persons with the disease and caregivers. CarePRO is a ten-week intervention for caregivers that includes five in-person sessions for two and half hours every other week and calls by a coach to check on implementation skills from the last session. Pre and post assessments are part of the evaluation process and workshops are happening in Maricopa County, northern Arizona, and Mohave County (in coordination with the Alzheimer's Association of Nevada). In southern Arizona, CarePRO is offered in Pima County, and soon in Graham and Santa Cruz counties. The Lifespan Respite Care Program targets family and informal

caregivers. A hotline is being developed and efforts will culminate in the Respite Care Summit here in Arizona November of 2011. Mr. Besst distributed a copy of the *Save the Date* flyer regarding the 2011 National Lifespan Respite Care Conference and Grantee Meeting hosted by the Arizona Caregiver Coalition. A copy of the flyer is available for review through the Council on Aging office.

Oral Health Sub-Committee Update

Cathy De Lisa provided a brief update on the Oral Health Sub-Committee (OHSC) referencing the next meeting planned for November 18, 2010 which will focus on the year two goals and objectives of the OHSC three-year Oral Health Work Plan. Ms. De Lisa distributed a one-page outline specific to the year two goals and objectives and encouraged members to come to the Sub-Committee meeting with ideas for refinement of the goals and strategies for 2011. A copy of the *Year Two Oral Health Work Plan Goals & Objectives* sheet is available for review through the Council on Aging office.

Refining SHAC Input for the 2010 Planning Meeting

Ms. De Lisa stated that as follow up to the discussions occurring at the September 23, 2010 SHAC meeting, she had prepared an overview of the 2010 actions and accomplishments of SHAC then distributed the information to the attendees. Following a review of the *2010 SHAC Overview*, Council Chair George Evanoff asked for ideas on two to three project recommendations to carry forward to the Council's Annual Planning meeting in December. Input received included:

- Continuation of the Oral Health initiative
- Development of the respite care network – one point of contact for resources/information/support with faith-based/volunteer-based involvement
- Channeling marketing/outreach for all initiatives, together (oral health, hearing loss, fall prevention, caregiving) to avoid duplication
 1. Through PR campaign – with simplified, clear language (not acronyms)
 2. Establishing senior corner with resource/information in libraries throughout state
- Research the problem of hoarding among older adults
- Study of hearing aid coverage in new insurance policies/benefit packages in other states and look at vision and oral health at the same time.

Council Chair Evanoff thanked the group for the creative discussion.

Announcements

No announcements made.

Adjournment

Council Chair George Evanoff adjourned the meeting at 4:28 p.m.

Next Meeting:

The next meeting of the Governor's Advisory Council on Aging Legislative & Policy Coordinating Committee will be in January 2011. Date and location to be determined and announced by public meeting notice posted at the GACA website, www.azgovernor.gov/gaca .