



GOVERNOR'S ADVISORY COUNCIL ON AGING

**SOCIAL, HEALTH & ALZHEIMER'S COMMITTEE (SHAC)**

**Meeting Minutes**

**March 3 2011**

**2:30 – 4:30 p.m.**

**Second Floor Conference Room**

**1700 West Washington Street, Phoenix, AZ 85007**

**Council Members, Liaisons, and Participants Present**

Charles Brown, George Evanoff, Bernadine Hoffman, (Chair) Joe Woods, Karen Zanzucchi, Karla Averill, Dr. Robert Birdwell, David Besst, Mary Busch, Larry Clausen, Jay Crosby, Ann Marie Grande, Cathy Griner, Elizabeth Harris, Christie Kramer, Steve Laughary, Sandra McKeehen, Karen Richards, Kathy Salazar, Johannah Uiri Glover, and Marquetta White.

**Council Members Absent**

Kati Bates, Noreen Nickerson-Cruz, Allison Perrin

**Council Staff Present**

Cathy De Lisa

**Guests Present and Signing In**

Marquetta White

**Call to Order, Welcome, Introductions & Approval of Minutes**

Committee Chair Bernadine Hoffman called the meeting to order at 2:32 p.m. A welcome and introduction period followed. Draft minutes from the January 6, 2011 Social, Health and Alzheimer's Committee (SHAC) meeting were reviewed. *David Besst made a motion to approve the minutes as presented; Charles Brown seconded the motion. The motion passed unanimously.* Draft minutes from the February 3, 2011 Oral Health Sub-Committee were reviewed. *Karen Zanzucchi made a motion to approve as written, Elizabeth Harris seconded the motion. The motion passed unanimously.*

**Oral Health Updates & Sub-Committee Report**

Dr. Bob Birdwell, Oral Health Sub-Committee Co-Chair, provided a brief update on the Oral Health Sub-Committee (OHSC) sharing the intent of the group to identify partners needed to move the initiative forward and not to duplicate the efforts of other oral health coalitions and efforts. He reiterated that the Committee is very aware of the need for dental care and lack of resources to care for the aging and shared the Sub-Committee's challenges in trying to make a difference. Dr. Birdwell then requested input from the Committee members related to the Oral Health Sub-Committee's work. It was suggested that resources and training for caregivers might be shared with the Arizona Caregiver Coalition, and David Besst stated he would try to represent the Coalition at the next Oral Health Sub-Committee on March 17<sup>th</sup>. A short discussion of state legislation related to dental care followed and SHAC members were invited to sign up to receive

a copy of the Legislative Overview provided at the Legislative and Policy Coordinating Committee on this date.

### Updates:

- *Arizona Fall Prevention Coalition* – Cathy De Lisa provided a report from Debby Elliott of the Area Agency on Aging Region One who was unable to attend. The Coalition has 204 members; 50 active and 12 new members. During the past calendar year, some of the accomplishments of the Coalition include launch of the [www.azstopfall.org](http://www.azstopfall.org) website in March 2010, Spanish language website in April 2010, production and distribution of 10,000 brochures throughout the state, and the National Fall Prevention Day event that attracted 123 people, provided information, assessments, resources on physical activity, medication management and home modification and safety and offered an online activity demonstration video for those unable to attend. In addition, there were 19 Matter of Balance class venues, 11 master trainers by the end of 2010, and 36 coaches completed training through A.T. Still University. The coalition was able to facilitate 11 fall prevention presentations; 10 in English and one in Spanish. Debby Elliott has been invited to participate in the National Council on Aging (NCOA) panel presentation on Fall Prevention at the national N4A conference this summer.
  
- *Alzheimer's Priority Plan* – Cathy Griner, Director of Program & Advocacy, Alzheimer's Association Desert Southwest Chapter announced that the Arizona Alzheimer's Task Force will meet on March 18<sup>th</sup> then launch the four statewide public Work Teams that will implement the strategies and actions for the Alzheimer's Priority Plan contained in the State Plan on Aging 2011-2014. Work Teams will include:
  - *Impact of Disease on the State (State Plan on Aging Goal 3)*
  - *Access to Services (State Plan on Aging Goals 1 & 6)*
  - *Independence and Safety (State Plan on Aging Goals 4 & 5)*
  - *Quality of Care Promotion and Regulation (State Plan on Aging Goals 7 & 8)*

Ms. Griner stated SHAC members as well as members of the public are invited and encouraged to participate in any of the four teams. Written information coming out of the Work Teams will be available at the next SHAC meeting, according to Ms. Griner.

- *West Valley Mini Conference* – Ms. Griner announced a free community service event from 8 am to 11:30 am on June 3, 2011 at the Rio Vista Recreation Center in Peoria, Arizona. Information specific to the mini conference will be distributed to the SHAC email distribution list and those interested are encouraged to register as soon as possible; seating is very limited. The conference is a collaborative effort by the Arizona Alzheimer's Consortium, Alzheimer's Association Desert Southwest Chapter and the Governor's Office on Aging.
  
- *Arizona Caregiver Coalition (ACC)* – David Besst, Caregiver Support Specialist, Arizona Department of Economic Security/Division of Aging & Adult Services (DES/DAAS), provided an update on the Arizona Caregiver Coalition. According to Mr. Besst, the first Coalition Advisory Board meeting was held on January 12, 2011. Planning for the national conference in November 2011, the statewide resource line, and the caregiver awareness campaign are all goals of the Coalition. Preparations for the preconference, two-day national conference and grantees' meeting currently include a "call for papers" and appeal for sponsorships. Mr. Besst provided an outline of the Arizona Caregiver

Coalition 2011 Active Workgroups and encouraged SHAC members to join in any of the six groups. A copy of the Arizona Caregiver Coalition 2011 Active Workgroups is available for review through the Council on Aging office.

### **Discussion of 2011 Priorities**

Committee Chair Bernadine Hoffman invited the Committee to share ideas on how they might support the work of the following:

- 1) Oral Health initiative continuation
- 2) Arizona Caregiver Coalition development of the respite care network
- 3) Efforts to coordinate outreach on all initiatives of Council

Discussion included ideas on:

- Oral Health Sub-Committee members suggested reviewing the Work Plan and finishing the work of dividing out short-term and long-term goals. Oral Health suggested a workshop session at national conference in November 2011. Promotion of caregiver training suggested as a part of the short-term objectives of the Year Two Oral Health Sub-Committee goals and collaboration with the Arizona Caregiver Coalition.
- Recruitment of SHAC members and affiliates to ACC Workgroups and to solicit papers and sponsorships for the conference.
- Considering the establishment of an Outreach Sub-Committee as a long-term goal for SHAC.

### **Announcements**

No announcements.

### **Adjournment**

*Committee Chair Bernadine Hoffman adjourned the meeting at 3:45 p.m.*

### **Next Meeting:**

**The next meeting of the Social, Health & Alzheimer's Committee of the Governor's Advisory Council on Aging will be on May 5, 2011. Date and location to be determined and announced by public meeting notice posted at the GACA website, [www.azgovernor.gov/gaca](http://www.azgovernor.gov/gaca) .**