



GOVERNOR'S ADVISORY COUNCIL ON AGING

Annual Planning Meeting Minutes

November 1, 2012

11:00 a.m. to 4:00 p.m.

Arizona Department of Health Services

Fifth Floor, Room 540

150 North 18th Avenue

Phoenix, Arizona 85007

Council Members, Liaisons, and Participants Present

Becky Brimhall-Lepire, Charles Brown, George Evanoff, Marilyn Johnson, Deborah Lavinsky, Teresa Lopez, Doyle Meredith, Anne Morrison, Trudy Schuett, Joe Woods (Chairman), C.T. Wright (Vice Chairman), Karen Zanzucchi, Phyllis Antone, Cydney Demodica, Jay Dunkleberger, Dana Kennedy, Babak Nayeri, Wayne Tormala, Jamie Bennett, Victoria Baugh, and Cindy Saverino

Council Members Absent

Johnny Lee Byers, Bernadine Hoffman and Allison Perrin

Council Staff Present

Cathy De Lisa, Kim Jennings, and Berntari Crosby

Guests Present and Signing In

None

Welcome, Call to Order, Housekeeping Items

Council Chairman Joe Woods called the meeting to order at 11:00 a.m. A welcome and introduction period followed.

Review & Approval of September 14, 2012 Minutes

Minutes from the September 14, 2012 meeting were reviewed. *Charles Brown made a motion to approve the minutes as presented; Becky Brimhall-Lepire seconded the motion. The motion passed unanimously.*

Purpose of the meeting

Council Chairman Joe Woods referenced the Council on Aging's By-Laws, displayed for the group, in a discussion of the Council's purpose, mission and responsibilities. Structure of the Council (per statute) was highlighted by Executive Director Cathy De Lisa.

Jamie Bennett, Policy Advisor for Human Services, shared input for the Council on Aging's 2013 priorities. Ms. Bennett expressed Governor Brewer's appreciation for the Council's hard work and

dedication and stressed the Governor's passion for vulnerable populations including Arizona's aging population. Ms. Bennett invited the Council to contact her office for support as needed.

Council Chairman Woods directed the group to the grid of proposed 2013 priorities from the Council's committees and requested the attendees review that ahead of further agenda items.

Council Liaison Reports on Agency's Planning & Priorities for 2013

Arizona Department of Economic Security – Division of Aging & Adult Services (DAAS) Cindy Saverino, reporting on Melanie Starns' behalf, updated the group on the development of the new data system and stated the department's priorities for 2013 involve person centric care which is consumer directed and consumer focused; the person is responsible for making decisions regarding their care. According to Ms. Saverino, DAAS is in the process of developing policies for individuals to participate in cost sharing programs, identifying best practices in home delivered meals and working closely with the Department of Health Services to develop evidence-based health and wellness programs.

Area Agencies on Aging - Arizona Association of Area Agencies on Aging (AZ4A) – Dana Kennedy reported the mission of AZ4A is to promote understanding of aging and long-term needs and to serve as advocates and leaders in developing policies and resources that enhance the quality of life for Arizonans. According to Ms. Kennedy, studies show that Americans prefer to stay in their homes and communities as they age instead of institutions, and that it is cost effective to provide services for older Americans at home. The vision of AZ4A is to help all Arizonans be prepared for aging. Services provided by area agencies include caregiver support, elder rights, nutrition services, personal care and volunteerism. The 2013 priorities for AZ4A are: complete area plans; advocate at the local, state and national level for home and community based services; increase health and wellness programs across the state; decrease waiting lists; continue care transition programs; recruit and train volunteers to assist with programs; and educate elected officials about the growing senior population and the need to provide and support programs so they can age in place. A copy of the Arizona Association of Area Agencies on Aging brochure and the Arizona Association of Area Agencies on Aging presentation provided by Ms. Kennedy are available for review at the Council on Aging office.

Arizona Department of Health Services (ADHS) - Dr. Babak Nayeri reported ADHS is shifting focus from disease management to prevention and healthy living. The Department received funding for chronic disease self-management programs and is targeting underserved populations as part of their Healthy Aging initiative in collaboration with DAAS, AZ4A, community nonprofits and the private sector. According to Dr. Nayeri, as part of the Healthy Aging focus, the Department has established 55 plus as the demarcation marker for older adults, established an external advisory group, and will issue a solicitation of competitive grants to refresh their website.

Arizona Health Care Cost Containment System (AHCCCS) – Jay Dunkleberger provided a presentation on the AHCCCS Arizona Long Term Care System (ALTCS) priorities that included a history of ALTCS, current statistics regarding participants in the program, trends in utilization of home and community based services and discussion of the dual demonstration project. According to Mr. Dunkleberger, priority #1 is advancing member directed options within Arizona's long term care program, priority #2 is improving care for members served by Medicare and Medicaid, and priority #3 is professionalizing the direct care workforce through the training and testing initiative

required for those working for ALTCS providers. A copy of Mr. Dunkleberger's presentation, *AHCCCS/ALTCS Priorities for Arizona's Aging Population*, is available for review at the Council on Aging office.

Attorney General's Office (AG) –Victoria Baugh, reporting on Debra Boehlke's behalf, circulated three brochures and stated that during the fiscal year 2012 the Community Outreach and Education Division participated in over 583 presentations, had over 27,000 in-person contacts, handled over 3,300 phone contacts and distributed over 63,000 pieces of literature to aide consumers. According to Ms. Baugh, the Attorney General's office also hosted the "Why Should I Care about Elder Abuse?" student arts competition in an effort to make young people aware of the tragedy of elder abuse. According to Ms. Baugh, the Task Force Against Senior Abuse - TASA legislative sub-committee is working to gather stakeholders input for possible legislation; legislation has been attempted every year to monitor direct care or home care workers providing services in private homes, but it has not yet been successful. The National Adult Protective Services Association (NAPSA) in conjunction with the Arizona Attorney General office, Area Agency on Aging Region One, the Arizona Department of Economic Security and several other local partners sponsored the 23rd annual conference in Phoenix, AZ at the Pointe Hilton Squaw Peak Resort on October 16th – 19th. Four intensives were offered during the conference: forensic wound identification, elder death review teams, abuse on tribal lands, and leadership training for Adult Protection Services supervisors. Ms. Baugh reported NAPSA is grateful for the assistance provided by Kathleen Winn of the AG's office as well as her staff. Thanks to her efforts, NAPSA brought in a record breaking \$3,700 for the scholarship fund. Copies of the materials – 1. *Caring for Aging Loved Ones: Tips For Hiring An In-Home Non-Medical Caregiver*; 2. *Abuse, Neglect and Exploitation of the Elder – Awareness, Prevention & Protection: An Information Guide For the Care of Arizona Seniors*; and 3. *Smart Seniors...Avoid Scams and Fraud* – are available for review at the Council on Aging office.

Arizona Department of Transportation (ADOT) – Cydney Demodica reported ADOT is working with the mobility manager in Yuma on SARA - Safe, Affordable Reliable Accessible rides program that will offer a call center for services such as ADA eligibility certification for paratransit, a variety of transportation options and services, mobility options, matching services to proper funding sources, and travel training . Ms. Demodica stated she intends to provide updates at the January meeting on the new funding process - *MAP 21 Moving Ahead for Progress in the 21st Century Act*. According to Ms. Demodica, the department's goal is to help people age in place and transportation options are critical for those who no longer can drive. ADOT has a medical review program for physicians and other authorized medical providers to report unsafe drivers. The report can be submitted electronically to ADOT, and based on the information; ADOT can impose restrictions such as no freeway use, daytime driving only, golf cart only and radius restriction. Ms. Demodica stated the department requires five year renewals beginning at the age of 60. A copy of the SARA - Safe, Affordable Reliable Accessible rides program brochure is available for review at the Council on Aging office.

Arizona Indian Council on Aging (AICOA) – Phyllis Antone distributed a brochure and reported the Inter Tribal Council of Arizona serves American Indian elders, caregivers and individuals with disabilities from 20 tribal communities in Arizona. Some of the services provided by the agency includes advocacy, medication management, caregiver education and information, transportation and congregate meals. According to Ms. Antone, AICOA works with the Inter Tribal Council and

the AICOA meetings are held quarterly and their bylaws reviewed every two years. As part of their advocacy efforts at the state and federal level, elders receive training by AICOA. The AICOA priorities for 2013 are to review the area plan, support services of tribal government, advocacy (attend legislative sessions) and to address elder abuse issues. A copy of the Serving American Indian Elders brochure is available for review at the Council on Aging office.

Recognition of Council Members

Council Chairman Joe Woods presented Certificates of Appreciation to Council Members Charles Brown and Marilyn Johnson whose terms expire at the end of 2012. Jamie Bennett, Human Services Policy Advisor for the Governor presented a Certification of Appreciation to Council Chairman Joe Woods for his service as well.

Review & Discussion of Committee's Input on 2013 Priorities

Council Chairman Joe Woods asked that the group review the grid prepared by Council staff that listed the proposed priorities of the Legislative and Policy Coordinating Committee, the Mature Workforce Committee, and the Social, Health and Alzheimer's Committee from discussions at the September meetings. Council Chairman Woods reported that Wayne Tormala would be leading a discussion and helping the group prioritize goals for 2013 using the form.

The meeting was adjourned at 12:50 p.m. for a 25 minute break to prepare for a working lunch. The meeting was called back to order and reconvened at 1:17 p.m.

Dialogue on Healthy Aging Perspectives

Wayne Tormala of the Department of Health Services provided an outline to the group as an introduction to discussion on healthy aging in Arizona. Mr. Tormala stated his division at the Arizona Department of Health Services would be collecting input as part of statewide strategic planning for healthy aging programs. Mr. Tormala discussed diseases associated with the aging population along with prevention, detection and management. Alzheimer's, obesity and diabetes were discussed at length by the group. Mr. Tormala outlined techniques being used in education about self- management of chronic diseases including rewards programs, the stressing of personal responsibility, employer sponsored events, imposing of restrictions and efforts to stem the obesity epidemic. Attendees were asked to fill in the outline and return to Mr. Tormala as part of the input collection process. A copy of the grid is available for review at the Council on Aging office.

The meeting was adjourned at 2:47 pm for a 15 minute break and was called back to order and reconvened at 3:05 p.m.

Drafting Priorities

Using the outline of proposed priorities, Wayne Tormala facilitated a lengthy discussion with the group regarding the ideas coming from the Council's committees at the September 2012 meetings. Members were asked to complete the outline and hand in to the staff. A copy of the outline of proposed priorities is available for review at the Council on Aging office.

Review of Day 2 Agenda

Council Chairman Joe Woods conducted a brief review of the Day 2 agenda for the Annual Planning meeting with the group and reminded those in attendance that the meeting would be on the fourth floor of the ADHS building in room 150-ALS-Training room the next day.

Adjourn

The meeting was adjourned by Council Chairman Joe Woods at 3:40 pm.

Next Meeting

The next meeting of the Governor’s Advisory Council on Aging will be scheduled in January 2013; date and location to be determined and announced by public meeting notice posted at the GACA website: www.azgovernor.gov/gaca. These meetings are open to the public.