



GOVERNOR'S ADVISORY COUNCIL ON AGING

SOCIAL, HEALTH & ALZHEIMER'S COMMITTEE (SHAC) MEETING MINUTES

May 8, 2014

2:30 – 4:30 pm

Arizona State Capitol Executive Tower
Third Floor Conference Room
1700 West Washington Street
Phoenix, Arizona 85007

Approved

Council Members, Liaisons and Participants Present

Allison Perrin (Committee Chairwoman), Becky Brimhall-Lepire, George Evanoff, Diane Joens, Deborah Lavinsky, Teresa Lopez, Doyle Meredith, Melinda Preston, Trudy Schuett, Tonya Watson, Michelle Barth, Susan Cypert, Karen Richards and Hannele Waissi

Council Members Absent

Charles Brown, Patsy Gillis, Joy Grainger and Lisa O'Neill

Council Staff Present

Cathy De Lisa, Kim Jennings and Carolyn Sigler

Guests Present and Signing In

Elizabeth Banta, Christine Bryson-Lazo, Elisa Davis, Michelle Dionisio, Eric Ehst, Kent Ellsworth and Annette Quinata

Welcome, Introductions, Review and Approval of March 6, 2014, Draft Minutes

Committee Chairwoman Allison Perrin called the meeting to order at 2:34 p.m. A welcome and introduction period followed. Following a review of the March 6, 2014, SHAC draft minutes, *Teresa Lopez made a motion to approve as presented; Doyle Meredith seconded the motion. The motion passed unanimously.*

In Celebration of Older Americans Month – Special Panel Presentations/Discussion, Successful Volunteer Programs & Initiatives Supporting Aging in Community

Elizabeth Banta, Executive Director of Duet Partners in Health & Aging, provided a brief history of the organization, information on current programs and individuals served by Duet and showed a video featuring a matched volunteer and neighbor - "Ruby & Louis."

Kent Ellsworth, Executive Director, Verde Valley Caregivers Coalition, provided a PowerPoint presentation and discussed his organization's services and expansion of programming and volunteer opportunities. Programs and services include One-Call Center, Mobility Management, Guardian Angel Medical Alert Units, Transitional Care, Neighbor Services and Pet Assistance.

Eric Ehst, Executive Director of Neighbors Who Care, described the programs offered for residents of the South Chandler and Sun Lakes communities. Free services include transportation, grocery shopping, errands, dinner delivery, reassurance calls, friendly visits, minor repairs, business assistance and caregiver respite.

Michelle Dionisio, President and CEO of Benevilla, provided a presentation on the services provided by Benevilla, focusing on aging-in-place. She also highlighted the volunteer program with nearly 1,000 intergenerational volunteers using their unique skills to benefit their neighbors.

A copy of the *Duet Overview Brochure*, the *Verde Valley Caregivers Coalition* presentation, the *Neighbors Who Care Fact Sheet and Brochure* and the Benevilla presentation are available for review at the Council on Aging office.

Updates & Discussion on SHAC Initiatives

Hearing Loss – Executive Director Cathy De Lisa reported Michele Michaels was not available this date and staff would try to arrange for her to join a future SHAC meeting for an update.

Arizona Alzheimer's Task Force – Cathy De Lisa provided updates on the Arizona Alzheimer's Task Force and reported that Lisa Glow is now contracted through funding from St. Luke's Health Initiative to help write the Alzheimer's Plan.

Report Out and Discussion on Events Related to SHAC

Council Member Diane Joens announced that the Cottonwood Chamber of Commerce and Verde Valley Newspaper are sponsoring a "Prime Time Fair" for older residents on May 10, 2014, from 9:00 a.m. to 1:00 p.m.

Christine Bryson-Lazo discussed the Northern Arizona Seniors in Action Coalition and encouraged interested parties to check out the Verde Valley – Mental Health Resources Guide found at: <http://www.nami-sedona.org/home>.

Trudy Schuett reported she had provided flyers with information on her video project "Alone at the End of the Road."

Karen Richards reported the Arizona Fall Prevention Coalition meets on June 5, 2014, at 9:00 a.m. at the Arizona Department of Health Services

Cathy De Lisa encouraged members to submit ideas on legislative priorities for the Legislative and Policy Coordinating Committee's discussion at the July 10th meeting.

Adjourn

The meeting was adjourned at 4:17 p.m. by Chairwoman Allison Perrin followed by a networking reception honoring Older Americans Month.

Next Meeting:

The next meeting of the Social, Health & Alzheimer's Committee of the Governor's Advisory Council on Aging is scheduled for July 10, 2014; location to be determined and announced by public meeting notice posted at the GACA website: www.azgovernor.gov/gaca. These meetings are open to the public.